

DRUG AND ALCOHOL SUPPORT SERVICES

WESTERN HEALTH AND SOCIAL CARE TRUST AREA

Date of publication: JANUARY 2017

Disclaimer: Whilst every effort has been made to ensure the accuracy of the information provided in this directory, we do not accept any responsibility or liability for any errors that have occurred. It is recommended that you always check directly with providers that their service or organisation meets your requirements.

This publication can also be downloaded from www.drugsandalcoholni.info



Services for Adults

Quest (WRAPP-Western Regional Alcohol Prevention Programme)

Activities range from personal development programmes and stress management to confidence building and negotiating skills.

Open Access Action Mental Health

☎ Tel: 028 6632 3630 (Enniskillen)

☎ Tel: 028 7137 3502 (Derry)

HURT

Range of therapeutic support services for adults with substance misuse issues/difficulties.

Open Access

HURT

☎ Tel: 028 7136 9696

Low Threshold Services

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

Open Access/Self Referrals Accepted

ARC Healthy Living Centre (SOLACE), Fermanagh

☎ Tel: 028 6862 8741

DePaul Ireland (Foyle Haven), Derry

☎ Tel: 028 7136 5259/ 0287126 0839

First Housing (Floating Support Families & Vulnerable Adults Service), Derry

☎ Tel: 028 7137 1849

Drink Wise, Age Well

Offers therapeutic treatment and support to individuals aged 50+ who are concerned about their alcohol use/misuse.

Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

Addiction NI

☎ Tel: 028 7116 0236 (Derry)

☎ Tel: 028 6638 1714 (Enniskillen)

☎ Tel: 028 8283 9240 (Omagh)

Domiciliary Outreach Programme

Alcohol and Drug Service for Older People.

Open Access/Self Referrals Accepted

WHSC

☎ Tel: 028 7131 4239

Steps to Change

One to one therapeutic treatment and support service for alcohol and/or drug misuse. NB Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

ASCERT

☎ Tel: 028 8244 8170 ☎ Tel: 0800 254 5123

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals

WHSC

☎ Tel: 028 7186 5237/5239/5240 (Woodlea House, Derry)

☎ Tel: 028 6638 2073 (Enniskillen)

☎ Tel: 028 8283 5453 (Asha Centre, TFH, Omagh)

Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below.

Addiction Service Referrals

Asha Centre, Tyrone & Fermanagh Hospital, Omagh

☎ Tel: 028 6638 2073

Northlands

☎ Tel: 028 7131 3232

Young People/Family

The Hang Out (Enniskillen) One Stop Shop

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Find Centre ☎ Tel: 028 6632 3722

Youth Transition Project (Derry)

One Stop Shop

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Dove House ☎ Tel: 028 7136 6099

DICE Project

Community based drug and alcohol education intervention for young people in Dungannon, Omagh and Strabane areas.

Open Access

Breakthru ☎ Tel: 028 8775 3228

HURT Drug and Alcohol Lifeskills Programme

HURT's Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.

Open Access:

HURT ☎ Tel: 028 7136 9696

Strengthening Families Programme

Parents and children participate in the 14-week SFP, both separately in teen and parent sessions, and then together in family sessions.

Targeted at At-Risk/Vulnerable Families

Derry Healthy Cities ☎ Tel: 028 7161 1384

Targeted Lifeskills Service

For young people, aged 11-25, focussed on lifeskills and harm reduction.

Targeted at At-Risk/Vulnerable Groups

ASCERT ☎ Tel: 028 8244 8170 ☎ 0800 254 5123

Steps 2 Cope

Provides one to one support and self help resources to young people, aged 11-18, affected by a parent's use of alcohol.

Open Access/Self Referrals Accepted

ASCERT & Barnardos

☎ Tel: 0800 254 5123

☎ www.stepstocope.co.uk

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

ASCERT & Start 360 ☎ Tel: 028 7137 1162

Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals

Start 360 ☎ Tel: 028 7137 1162

DAMHS (Drug and Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

Specific Groups

Needle and Syringe Exchange Sites

Lloyd's Pharmacy

📍 Ebrington Terrace, Derry

☎ Tel: 028 7134 2454

Superdrug

📍 Ferryquay Street, Derry

☎ Tel: 028 7126 3334

Lloyd's Pharmacy

📍 Belmore Street, Enniskillen

☎ Tel: 028 6632 2202

Group Support

Call or go online to find a meeting near you:

Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9043 4848

☎ www.alcoholicsanonymous.ie

AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

☎ www.alanonuk.org.uk

Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

☎ www.al-anon.org/for-alateen

Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 07810 172 991

☎ www.nanorthernireland.com

Community/Stakeholder Support

Western Drug & Alcohol Coordination Team/ Connections Service (WDACT)

The DACT Connections Service provides information, advice, signposting and awareness raising (via info sessions and by organising local, and supporting regional, events and initiatives) to a range of community and stakeholder partners.

☎ Tel: 0800 254 5123

☎ www.drugsandalcoholni.info

✉ connections@wdact.info

Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

ASCERT

☎ Tel: 0800 254 5123

Drink, Work and Me

Offers one to one and online support alongside training to enable employers to recognise the impact of alcohol related harm on the individual and the workplace.

Addiction NI

☎ Tel: 028 9066 4434

☎ www.drinkworkandme.com

AD:EPT2

Provides throughcare support (on release from prison) for prisoners and their families where alcohol is an issue.

Start 360

☎ 028 9043 5810

In Crisis?
Lifeline

24/7 CRISIS RESPONSE
HELPLINE
0808 808 8000