Services for Adults

Quest (WRAPP-Western Regional Alcohol Prevention Programme)
Activities range from personal development programmes and stress management to confidence building and negotiating skills.
Open Access/Action Mental Health
Tel: 028 6632 3630 (Enniskillen)
Tel: 028 7137 3502 (Derry)

HURT
Range of therapeutic support services for adults with substance misuse issues/difficulties.
Open Access/Adventure
Tel: 028 7136 9696

Low Threshold Services
Aims at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).
Open Access/Make Referrals Accepted
ARC Healthy Living Centre (SOLACE), Fermanagh
Tel: 028 6862 8741
DePaul Ireland (FOYLE Haven), Derry
Tel: 028 7136 5295/0287126 0839
First Housing (Floating Support Families & Vulnerable Adults Service), Derry
Tel: 028 7137 1849

Drinkwise, Age Well
Offers therapeutic treatment and support to individuals aged 50+ who are concerned about their alcohol use/misuse.
Family members can also get advice and support - regardless of whether their significant other is seeking help.
Open Access/Make Referrals Accepted
Addiction NI
Tel: 028 7116 0236 (Derry)
Tel: 028 6638 1714 (Enniskillen)
Tel: 028 8283 9240 (Omagh)

Domiciliary Outreach Programme
Alcohol and Drug Service for Older People.
Open Access/Make Referrals Accepted
WHCST
Tel: 028 7131 4239

Steps to Change
Open one therapeutic treatment and support service for alcohol and/ or drug misuse. NB Family members can also get advice and support - regardless of whether their significant other is seeking help.
Open Access/Make Referrals Accepted
ASCERT
Tel: 028 8244 8170
Tel: 0800 254 5123

Statutory Addiction Service
Provided by a range of specialist teams within community and hospital settings.
GP/Health Professional Referrals
WHCST
Tel: 028 7186 9237/9238/9240 (Woodside House, Derry)
Tel: 028 6638 2073 (Enniskillen)
Tel: 028 8283 5455 (Asha Centre, T/H, Omagh)

Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below.

Addiction Service Referrals
Asha Centre, Tyrone & Fermanagh Hospital, Omagh
Tel: 028 6638 2073

Northlands
Tel: 028 7131 5232

Young People/Family

The Hang Out (Enniskillen) One Stop Shop
A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.
Open Access/Make Referrals Accepted
Find Centre
Tel: 028 6632 3722

Youth Transition Project (Derry)
One Stop Shop
A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.
Open Access/Make Referrals Accepted
Dove House
Tel: 028 7136 6099

DICE Project
Community based drug and alcohol education intervention for young people in Dungannon, Omagh and Strabane areas.
Open Access/Make Referrals Accepted
Breakthru
Tel: 028 8775 3228

HURT Drug and Alcohol Lifeskills Programme
HURT's Drug and Alcohol Lifeskills Programme can deliver workshops in school, youth and community settings.
Open Access/Make Referrals Accepted
HURT
Tel: 028 7136 9696

Strengthening Families Programme
Parents and children participate in the 26-week SFP, both separately in teen and parent sessions, and then together in family sessions.
Targeted at At-Risk/Vulnerable Families
Derry Healthy Cities
Tel: 028 7161 1384

Targeted Lifeskills Service
For young people, aged 11-25, focused on lifeskills and harm reduction.
Targeted at At-Risk/Vulnerable Groups
ASCERT
Tel: 028 8244 8170
Tel: 0800 254 5123

Steps 2 Cope
Provides one to one support and self help resources to young people, aged 11-18, affected by a parent’s use of alcohol.
Open Access/Make Referrals Accepted
ASCERT & Barnardos
Tel: 0800 254 5123
www.steps2cope.co.uk

DAISY
One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.
Open Access/Make Referrals Accepted
ASCERT & Start 360
Tel: 028 7137 1162

Voices
Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.
Social Services/Addiction Services Referrals
Start 360
Tel: 028 7137 1162

DAMHS (Drug and Alcohol Mental Health Service)
A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

Specific Groups

Needle and Syringe Exchange Sites
Lloyd's Pharmacy
Tel: 028 7134 2454
Superdrug
Tel: 028 7126 3334
Lloyd's Pharmacy
Tel: 028 6632 2202

Group Support
Call or go online to find a meeting near you.
Alcoholics Anonymous
12 Step Programme/Group Meetings
Tel: 028 9043 4848
www.alcoholicsanonymous.org.uk

AlAnon
Group Support for Family Members
Tel: 028 9068 2368
www.al-anon.org/for-alateen

Narcotics Anonymous
12 Step Programme/Group Meetings
Tel: 0700172 991
www.narcanonireland.com

Community/Stakeholder Support
Western Drug & Alcohol Coordination Team/Connections Service (WDACT)
The DACT Connections Service provides information, advice, signposting and awareness raising (via info sessions and by organising local, and supporting regional, events and initiatives) to a range of community and stakeholder partners.
Tel: 0800 254 5123
www.drugsandalcoholni.info
connections@wdact.info

Workforce Development Training Programmes
Provides care and support alongside training to enable employees to recognise the impact of alcohol related harm on the individual and the workplace.
Addiction NI
Tel: 028 9066 4434
www.drinkworkandme.com

AEDP2
Provides thoroughcare support (on release from prison) for prisoners and their families where alcohol is an issue.
Start 360
Tel: 028 9043 5810

For more detailed information on services available in your HSCT area visit www.drugsandalcoholni.info

In Crisis? Lifeline
24/7 CRISIS RESPONSE
HELPLINE
0800 808 8000

DRUG AND ALCOHOL SUPPORT SERVICE
WESTERN HEALTH AND SOCIAL CARE TRUST AREA

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The Western HSC Trust has taken reasonable steps to ensure the accuracy of this information provided. In this directory, we do not accept any responsibility or liability for any errors that may occur. It is recommended that you always check directly with providers that their service or organisation meets your requirements.

This publication can also be downloaded from www.drugsandalcoholni.info