

DRUG AND ALCOHOL SUPPORT SERVICES

SOUTH EASTERN HEALTH AND SOCIAL CARE TRUST AREA

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Disclaimer: Whilst every effort has been made to ensure the accuracy of the information provided in this directory, we do not accept any responsibility or liability for any errors that have occurred. It is recommended that you always check directly with providers that their service or organisation meets your requirements.

This publication can also be downloaded from www.drugsandalcoholni.info



Services for Adults

Alcohol and You

One to one support for alcohol misuse (brief/extended interventions) alongside online/ self-help resources. **Family members can also get advice and support - regardless of whether their significant other is seeking help.**

Open Access/Self Referrals Accepted

ASCERT, Addiction NI & SEHST

Tel: 0800 254 5123

www.alcoholandyouni.com

MARC Project

Drop in service for chronic drinkers in the North Down and Ards area offering basic care, housing and crisis support.

The Link

Tel: 028 91821124

South Eastern Outreach Team

Low threshold service aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers and injecting drug users).

Open Access/Self Referrals Accepted

Simon Community

Tel: 07435754307

Tel: 07435754302

Tel: 07435754301

Community Based Adult (Step 2) Service

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

Dunlewey Substance Advice

Tel: 028 9039 2547

Tel: 077 0817 6225

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP & Mental Health Professional Referrals

SEHST

Tel: 028 9151 2159 (Newtownards)

Tel: 028 9266 8607 (Lisburn)

Tel: 028 4451 3921 (Down)

In-patient Addiction Treatment Unit

Addiction Service Referrals

Ward 15, Downshire.

Tel: 028 4451 3922

Young People/Family

Bangor One Stop Shop

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

EXTERN (based in Bangor YMCA)

Tel: 028 91 454290

Strengthening Families Programme

Parents and children participate in the programme, both separately in teen and parent sessions, and then together in family sessions (7 week programme).

Targeted at At-Risk/Vulnerable Families

SEHST

Tel: 028 9250 1357

Targeted Lifeskills Service

For young people aged 11-25, focussed on lifeskills and harm reduction.

LYMCA

Tel: 028 9267 0918

Steps 2 Cope

Provides one to one support and self help resources to young people, aged 11-18, affected by a parent's use of alcohol.

Open Access/Self Referrals Accepted

ASCERT & Barnardos

Tel: 0800 254 5123

www.stepstocope.co.uk

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

Start 360 & ASCERT

Tel: 028 9043 5815

Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals

Barnardos

Tel: 028 9066 3470

DAMHS (Drug and Alcohol Mental Health Service)

Offering a range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

GP/CAMHS Referrals

BHSCT DAMHS

Tel: 028 9063 8000

Specific Groups

Needle and Syringe Exchange Sites

Clear Pharmacy

5 Church Street, Bangor

Tel: 028 9127 1820

Gordon's Pharmacy

35-37 Market Street, Downpatrick

Tel: 028 4461 2014

Gordon's Pharmacy

56 Bow Street, Lisburn

Tel: 028 9267 4747

Group Support

Call or go online to find a meeting near you:

Alcoholics Anonymous

12 Step Programme/Group Meetings

www.alcoholicsanonymous.ie

Al-Anon

Group Support for Family Members

Tel: 028 9068 2368

www.al-anonuk.org.uk

Alateen

Group Support for Teenagers

Tel: 028 9068 2368

www.al-anon.org/for-alateen

Narcotics Anonymous

12 Step Programme/Group Meetings

Tel: 07810 172 991

www.nanorthernireland.com

Community/Stakeholder Support

South Eastern Drug and Alcohol Coordination Team/Connections Service

The DACT Connections Service - provides information, advice, signposting and awareness raising (via info sessions and by organising local, and supporting regional, events and initiatives) to a range of community and stakeholder partners.

Tel: 0800 254 5123

www.drugsandalcoholni.info

connections@sedact.info

Workforce Development Training

A range of drug and alcohol training courses for those working with adults, children and young people.

ASCERT

Tel: 0800 254 5123

Drink, Work and Me

Offers one to one and online support alongside training to enable employers to recognise the impact of alcohol related harm on the individual and the workplace.

Addiction NI

028 9066 4434

www.drinkworkandme.com

AD:EPT2

Provides throughcare support (on release from prison) for prisoners and their families where alcohol is an issue.

Start 360

Tel: 028 9043 5810

For more detailed information on services available in your HSC area visit:
www.drugsandalcoholni.info



In Crisis? Lifeline

24/7 CRISIS RESPONSE HELPLINE
0808 808 8000