

# DRUG AND ALCOHOL SUPPORT SERVICES

## NORTHERN HEALTH AND SOCIAL CARE TRUST AREA

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Disclaimer: Whilst every effort has been made to ensure the accuracy of the information provided in this directory, we do not accept any responsibility or liability for any errors that have occurred. It is recommended that you always check directly with providers that their service or organisation meets your requirements.

This publication can also be downloaded from [www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



### Services for Adults

#### One to One and Family Support

Offering auricular acupuncture, mentoring and onward referral service.

[Open Access](#)

**Hope Centre**

☎ Tel: 028 2563 2726

#### Drug and Alcohol Harm Reduction Service

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

[Open Access/Self Referrals Accepted](#)

**Extern**

☎ Tel: 028 2565 4012

#### Adult Substance Misuse (Step 2) Service

One to one therapeutic treatment and support service for alcohol and/or drug misuse. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

**Extern**

☎ Tel: 028 2565 4012

#### Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP/Health Professional Referrals](#)

**NHSCT**

☎ Tel: 028 2531 7162

Residential treatment is accessible through the statutory addiction service and is provided by a number of agencies including those listed below.

[Addiction Service Referrals](#)

**Carrick 1**

☎ Tel: 028 9446 5211

**Carlisle House**

☎ Tel: 028 9032 8303

**Northlands**

☎ Tel: 028 7131 3232

### Community Support

#### Northern Drug & Alcohol Coordination Team/Connections Service (NDACT)

The DACT Connections Service provides information, advice, signposting and awareness raising (via info sessions and by organising local, and supporting regional, events and initiatives) to a range of community and stakeholder partners.

☎ Tel: 028 2568 9306

[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)

✉ [connections@ndact.info](mailto:connections@ndact.info)

#### Taking the Initiative

Supports the development of a community network where partners come together to provide alcohol awareness, training, group and individual support to help reduce the impact of alcohol for individuals, families and communities.

**CRUN, NACN, SACN, CWSAN & NHSCT**

☎ Tel: 028 7034 4934

✉ [takingtheinitiative@crun.org](mailto:takingtheinitiative@crun.org)

For more detailed information on services available in your HSCT area visit:  
[www.drugsandalcoholni.info](http://www.drugsandalcoholni.info)



### Young People/Family

#### N-gage (Ballymena) One Stop Shop

Offering a youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

**Start 360**

☎ Tel: 028 2568 9356

#### The Health Hub (Carrickfergus) One Stop Shop

Providing a youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

**Carrickfergus YMCA**

☎ Tel: 028 9335 5890

#### Strengthening Families Programme

Parents and children participate in the programme, both separately in teen and parent sessions, and then together in family sessions (7 week programme).

[Targeted at At-Risk/Vulnerable Families](#)

**NHSCT**

Tel: 028 2563 6600

#### Targeted Lifeskills Service

From age 11-25, focussed on lifeskills and harm reduction.

[Targeted at At-Risk/Vulnerable Groups](#)

**ASCERT & Start 360**

Tel: 0800 254 5123

#### Steps 2 Cope

Provides one to one support and self help resources to young people, aged 11-18, affected by a parent's use of alcohol.

[Open Access/Self Referrals Accepted](#)

**ASCERT & Barnardos**

☎ Tel: 0800 254 5123

[www.stepstocope.co.uk](http://www.stepstocope.co.uk)

#### DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

**ASCERT & Start 360**

☎ Tel: 0800 254 5123

#### Voices

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

**Start 360**

☎ Tel: 028 2568 9356

#### DAMHS

**(Drug and Alcohol Mental Health Service)**

Providing a range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

**NHSCT**

☎ Tel: 028 9442 4600

### Specific Groups

#### Needle and Syringe Exchange Sites

##### Boots

📍 Ballymena Health Centre

☎ Tel: 028 2531 3140

📍 Queen Street, Harryville, Ballymena

☎ Tel: 028 2564 5994

📍 Abbeycentre, Newtownabbey

☎ Tel: 028 9036 5910

📍 High Street, Antrim

☎ Tel: 028 9446 2224

📍 Church St, Coleraine

☎ Tel: 028 7035 6666

📍 James Street, Cookstown

☎ Tel: 028 8676 6176

#### Group Support

Call or go online to find a meeting near you:

##### Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9043 4848

[www.alcoholicsanonymous.ie](http://www.alcoholicsanonymous.ie)

##### AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

[www.alanonuk.org.uk](http://www.alanonuk.org.uk)

##### Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

[www.al-anon.org/for-alateen](http://www.al-anon.org/for-alateen)

##### Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 07810 172 991

[www.nanorthernireland.com](http://www.nanorthernireland.com)

#### Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

##### ASCERT

☎ Tel: 0800 254 5123

#### Drink, Work and Me

Offers one to one and online support alongside training to enable employers to recognise the impact of alcohol related harm on the individual and the workplace.

##### Addiction NI

☎ Tel: 028 9066 4434

[www.drinkworkandme.com](http://www.drinkworkandme.com)

#### AD:EPT2

Provides throughcare support (on release from prison) for prisoners and their families where alcohol is an issue.

##### Start 360

☎ 028 9043 5810

### In Crisis?

**Lifeline**

24/7 CRISIS RESPONSE  
HELPLINE

0808 808 8000