

DRUG AND ALCOHOL SUPPORT SERVICES

BELFAST HEALTH AND SOCIAL CARE TRUST AREA

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Disclaimer: Whilst every effort has been made to ensure the accuracy of the information provided in this directory, we do not accept any responsibility or liability for any errors that have occurred. It is recommended that you always check directly with providers that their service or organisation meets your requirements.

This publication can also be downloaded from www.drugsandalcoholni.info



Services for Adults

Community Drugs Programme

One to one and family support, auricular acupuncture, mentoring and onward referral service.

[Open Access](#)

Falls Community Council

☎ Tel: 028 9020 2030

Alcohol Intervention Service

One to one support for alcohol misuse (brief/ extended interventions). **Family members can also get advice and support - regardless of whether their significant other is seeking help.**

[Open Access/Self Referrals Accepted](#)

ASCERT

☎ Tel: 0800 254 5123

Low Threshold Services

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers & injecting drug users).

[Open Access/Self Referrals Accepted](#)

BHSCT Drug Outreach Team

☎ Tel: 028 9504 1433 or 028 9504 7301

Extern Alcohol Housing Support Service

☎ Tel: 028 9033 0433

Community Based Adult Services

One to one therapeutic treatment and support service for those aged 18+ misusing alcohol and/or drugs. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

Addiction NI

☎ Tel: 028 9066 4434

Dunlewey Addiction Services

☎ Tel: 028 9039 2547

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

[GP/Health Professional Referrals](#)

BHSCT

☎ Tel: 028 9073 7547

Residential Addiction Treatment Centre

6 week residential programme.

[Addiction Service Referrals](#)

Carlisle House

☎ Tel: 028 9032 8303

Young People/Family

One Stop Shop

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

[Open Access](#)

Extern

☎ Tel: 028 9084 0555

Community Drugs Programme

Drug and alcohol education and awareness programmes, accredited and non-accredited, targeted at young people and/or parents.

[Open Access](#)

Falls Community Council

☎ Tel: 028 9020 2030

Strengthening Families Programme

Parents and children participate in the 14-week SFP, both separately in teen and parent sessions, and then together in family sessions.

[Targeted at At-Risk/Vulnerable Families](#)

ASCERT

☎ Tel: 0800 254 5123

Targeted Lifeskills Service

For young people, aged 11-25, focussed on lifeskills and harm reduction.

[Targeted at At-Risk/Vulnerable Groups](#)

LYMCA

☎ Tel: 028 9267 0918

Steps 2 Cope

Provides one to one support and self help resources to young people, aged 11-18, affected by a parent's use of alcohol.

[Open Access/Self Referrals Accepted](#)

ASCERT & Barnardos

☎ Tel: 0800 254 5123

☎ www.stepstocope.co.uk

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is seeking help.

[Open Access/Self Referrals Accepted](#)

Start 360 & ASCERT

☎ Tel: 028 9043 5815

Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

[Social Services/Addiction Services Referrals](#)

Barnardos

☎ Tel: 028 9066 3470

DAMHS (Drug and Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties.

[GP/CAMHS Referrals](#)

BHSCT

☎ Tel: 028 9063 8000

Specific Groups

Needle and Syringe Exchange Sites

Boots

📍 35 Donegall Place

☎ Tel: 028 90242332

McGregors

📍 30 Botanic Avenue

☎ Tel: 028 9031 0045

Group Support

Call or go online to find a meeting near you:

Alcoholics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 028 9043 4848

☎ www.alcoholicsanonymous.ie

AlAnon

Group Support for Family Members

☎ Tel: 028 9068 2368

☎ www.alanonuk.org.uk

Alateen

Group Support for Teenagers

☎ Tel: 028 9068 2368

☎ www.al-anon.org/for-alateen

Narcotics Anonymous

12 Step Programme/Group Meetings

☎ Tel: 07810 172 991

☎ www.nanorthernireland.com

Community/Stakeholder Support

Belfast Drug & Alcohol Coordination Team/Connections Service (BDACT)

The DACT Connections Service provides information, advice, signposting and awareness raising (via info sessions and by organising local, and supporting regional, events and initiatives) to a range of community and stakeholder partners.

☎ Tel: 028 9590 1845

☎ www.drugsandalcoholni.info

✉ connections@bdact.info

Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

ASCERT

☎ Tel: 0800 254 5123

Drink, Work and Me

Offers one to one and online support alongside training to enable employers to recognise the impact of alcohol related harm on the individual and the workplace.

Addiction NI

☎ Tel: 028 9066 4434

☎ www.drinkworkandme.com

AD:EPT2

Provides throughcare support (on release from prison) for prisoners and their families where alcohol is an issue.

Start 360

☎ Tel: 028 9043 5810

For more detailed information on services available in your HSC area visit:

www.drugsandalcoholni.info



In Crisis? Lifeline

24/7 CRISIS RESPONSE HELPLINE
0808 808 8000